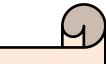


Thurlow Church of England (VC) Primary School Newsletter Friday 21st October, 2022



## Laying the foundations for a bright future

Website link: <u>www.htpfederation.co.uk</u>



## Head Teacher's Special Mention Awards

~ Butterflies Class ~ George Dolby

- ~ Otters Class ~ Emmi Govier
- ~ Hares Class ~ Toby Gent

A little note from Mrs FitzGerald...

Well, here we are at the half-term point! It was lovely to see so many of you at our harvest service this week, thank you for coming along. It means such a lot to your children that you came to celebrate with them.

Thank you so very much for all the donations we received for the **Haverhill Food Bank** as part of our harvest this year. As always, you are so generous and we know the families who the food bank help will benefit and be so appreciative.

We hope you have a lovely half-term week and look forward to seeing you on Monday 31st October.

Warmest regards, Mrs FitzGerald

## MESSAGE FROM SUFFOLK CONSTABULARY'S SAFER NEIGHBOURHOOD TEAM

As Halloween is drawing ever closer the team are keen that parents remind children to enjoy this time appropriately, behave responsibility and avoid any unnecessary silliness so their communities are not effected by anti-social behaviour.

There will be a higher police presence during this period and where necessary individuals will be dealt with robustly.

PCSO 3348 McLeod Link Officer Safer Neighbourhood Team Haverhill Police Station

## **AUTUMN TERM 2 ~ SCHOOL MEALS**

For pupils in Years 3 to 6 (Otters Class and Hares Class) the cost of a school meal is £2.30 per day. Next half-term will cost £80.50 in total, (a week of school meals is £11.50.) Children can alternate between packed lunches and school meals as preferred but school meals need to be paid for in advance.

## FACILITATING PIANO LESSONS

Piano lessons will be available in school to children in Years 2 and above after half-term. Lessons last 20 minutes and cost £10 each. If you would like more details, please contact Billie Farr on 07941364423 or <u>farrb756@gmail.com</u>

Places are limited and will be offered on a first come, first served basis.

## FORTHCOMING EVENTS

Others will follow but I know lots of you will want to get these onto the calendar as soon as possible. The team and I are continuing to add to our schedule with special days, visitors and trips, including some additional 'share' opportunities ~ we will keep you posted!

## AUTUMN TERM 2022

## FRIDAY 21ST OCTOBER ~ END OF HALF-TERM

## HALF-TERM HOLIDAY

Monday 24th October ~ Friday 28th October

## Monday 31st October to Friday 4th November PARLIAMENT LEARNING WEEK including School Council Elections

## Monday 7th November to Thursday 10th November ~ PARENT CONSULTATIONS

(Individual Class Teachers will confirm specific days and times available via Class Dojo) Find out how your child is doing in class with their academic targets.

Friday 4th November ~ Celebration Presentation including introduction of School Council Representatives at 9.05am Parents of elected School Council Representatives <u>only</u> are invited.

Tuesday 15th November ~ PROSPECTIVE PARENTS OPEN MORNING ~ 9.15am until 12pm

## Friday 11th November ~ REMEMBRANCE DAY

Monday 14th November ~ World Kindness Day, coinciding with the start of anti-bullying week and concluding with Friday 18th November ~ Children in Need Day

Wednesday 16th November ~ Reception to Year 6 Annual Flu Vaccinations

Thursday 17th November ~ School Photos (Individual and Siblings)

## FORTHCOMING EVENTS CONTINUED...

## AUTUMN TERM 2022

Friday 25th November ~ Butterflies Class Family Celebration Presentation 9.05am Parents of children in Butterflies Class <u>only</u> are invited.

Thursday 1st December ~ CHRISTINGLE SERVICE at the church (TBC) Thursday 8th December ~ AM & PM Performances of our Reception & Year 1 Nativity

Wednesday 14th December ~ Christmas Jumper Day (TBC)

Friday 16th December ~ 'FANCY FRIDAY' ~ end of term parties (& party clothes!)

Friday 16th December ~ LAST DAY OF THE AUTUMN TERM

## AS BEFORE:

#### **STAFFING**

Whilst our efforts with in-year recruitment continue, we are pleased to share with you our recent appointment of Mrs Julie Simpson, who will be joining the Federation in January. Mrs Simpson will work across both schools, providing additional teaching support here at Thurlow within Hares Class, working alongside Mrs Feakes. Learning support will continue to be provided by Mrs Leaney and Mrs Tobin, who is also the school's ELSA (Emotional Literacy Support Assistant.)

Mrs Simpson is a highly skilled and experienced primary practitioner who will join us from a larger primary school in the west of the county. Mrs Simpson worked with the children earlier this week and will return before Christmas to ensure a smooth start to the spring term.

#### **INFORMATION ON PUPIL SUPPORT**

In addition to the daily provision of high quality teaching by our extremely skilled and talented teaching and learning teams, we also provide support to individual pupils within the Federation's two schools, who, for various reasons or circumstances, or perhaps related to a learning need; require further input.

This may be for a short time or over an extended period and can take a variety of forms. It may include specific programmes, various interventions, learning support, 1:1, small group input, the involvement of external specialist agencies and providers. This work is confidential and private to those involved and forms part of the extensive pastoral support we offer. It complements our excellent Personal, Social, Health and Economic Education (PSHEE) and Beliefs, Religions and Values Education (BRAVE) curriculum.

## **INFORMATION ON PUPIL SUPPORT CONTINUED...**

As parents and carers you need to know this is available to you and your children should a need arise. You need to know this work is currently taking place across our settings for various families and their children and we do not share more detail than this as it would not be appropriate for a parent to be aware of specifics regarding another parent's child.

We share this information so there are no misunderstandings about what is or is not being undertaken within our schools for individuals and to highlight the availability of this support for families within our Federation, now or in the future.

If you have any questions or queries regarding this, or any other matter please do not hesitate to come and see me. Please appreciate there may be things I am unable to share or discuss for reasons of privacy and confidentiality.

Mrs FitzGerald

## HAVERHILL TENNIS CLUB MESSAGE

Do you want to give tennis a try because we would like to invite you for a FREE tennis session the week starting Monday 31st October!

There will be a limit on the numbers we can take so you'll need to book with <u>robjeffs@gmail.com</u>

Have a lovely half-term and we all look forward to seeing you at the tennis club. Tea and coffee will be available for the parents / grandparents / carers.

NEW FACEBOOK PAGE: <u>https://www.facebook.com/RJTennisCoaching</u>



## Improve your skills and career chances

Suffolk Adult Learning Service provides support for adults 19 years+ to find the right career opportunities and gain employment skills, visit: www.learnsuffolk.org/careers Scams

Be aware that scammers find ways to trick people out of money when they are most vulnerable. The Cost of Living situation has seen more scams emeraina and it's important that we are vigilant for ourselves and those close to us. www.suffolk.gov.uk/scams



For tips on reducing everyday living costs from Anglia Care Trust scan here



## Looking after yourself and others

When facing difficult financial challenges, our mental health can suffer. It's important to reach out for support. We have lots of information of services and organisations which can help at: www.suffolk.gov.uk/costofliving

For information on what Cost of Living support is available locally in your community, visit Suffolk Infolink Infolink.suffolk.gov.uk/costofliving

## Help with Finances and Household Expenses

## **The Local Welfare Assistance Scheme**

helps those experiencing financial difficulties. You can either apply yourself, or local organisations across Suffolk can submit an application on your behalf. For more details of how to find a gateway partner in your area and how to apply, visit: www.suffolk.gov.uk/costofliving



£ is a good place to get information about benefits, how to deal with debt, what you're entitled to if you're made redundant and who to speak to if you're at risk of losing your home. Visit: www.citizensadvice.org.uk

## Fue

www.suffolk.gov.uk/CostOfLiving

Do you rely on oil for heating your home? Community Action Suffolk's community buying scheme allows you to have your oil upfront but pay for it over the year.

www.communityactionsuffolk. org.uk/oilbuying



<u>المجري:</u>

Suffolk

**County Council** 



#### Warm Homes

Suffolk is a service designed to help vulnerable and low income households make

their homes cheaper to heat and can provide;

- Grants for loft and wall . insulation (both cavity and solid walls)\*
- · Grants for renewable heating systems\*
- Grants for solar panels\*
- A free home energy efficiency survey from one of our

## **Credit Unions**

Credit Unions offer ethical loans and savings schemes that are offered at affordable rates. In Suffolk there are two Credit Unions:

## **Eastern Savings and**

Loans is open to anyone who lives, works, studies or volunteers inside the boundaries of Suffolk, Norfolk and Cambridgeshire. Visit: www.eslcu.co.uk

## Suffolk Credit Union is

open to anyone who lives or works in Suffolk and either:

· Delivers a public service. This includes public sector organisations as well as

independent surveyors to discuss ways to make your home warmer and healthier, as well as access to other arants

- Free draught-proofing\*
- · Loan of temporary heaters in cases of heating breakdown

\*Eligibility criteria applies

To find out more or check your household eligibility: call 03456 037 686 or visit: www.warmhomessuffolk.org



voluntary sector organisations providing public services (e.g. care homes, registered housing associations, charities providing works under contract to Suffolk County Council, schools and multi-academy trusts)

- · Receives a public-sector pension
- Serves as a Councillor (at County, District or Borough level)
- · Is a close family member, living in the same household of a Suffolk Credit Union member

Visit:

suffolkcreditunion.onesuffolk.net

# Support for families

## Home Start in Suffolk

is ready to support families through their toughest times. Call: 01473 621104 Email: headoffice@ homestartinsuffolk.org or visit: www.homestartinsuffolk.org

#### **Healthy Start** provides vouchers

to buy basic food



with a child under four years old who are on low incomes, to buy basic food items. Call: 0345 607 6823 or visit: www.healthystart.nhs.uk/ contact-us



## Suffolk Libraries

can provide advice, information and

signposting on a wide range of matters such as health and wellbeing, claiming benefits, iob applications, financial assistance and access to free digital skills training. Visit www.suffolklibraries.co.uk/advice

## Support for children during school holidays

Families who are eligible for free school meals will be contacted directly by their school if they're eligible for support during school holiday periods. Further information will be available from your school on what support is being offered.

Where a child is not eligible for free school meals because they are not attending a state funded school, a family can seek support directly from the Local Welfare Assistance Scheme.

For more information, visit www.suffolk.gov.uk/costofliving

All libraries run a range of free activities for all ages and provide free internet access and wifi. Visit: www.suffolklibraries.co.uk whats-on

Libraries are at the heart of their communities and offer a safe space for people to meet, enjoy activities, access free books, newspapers and other resources, or simply relax in a nice environment at no cost.



## Supporting young people's mental health Parent/Carer workshops November - December 2022

These free virtual workshops (Zoom) are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are live and 60 minutes long.

Top Tips for Managing Exam Stress for Young People and Parents A workshop for parents and young people to provide guidance around exam season 14 November – 13:00 Book a place 14 November – 18:00 Book a place

Supporting our Young People with Self-Harm

This workshop aims to develop parents' understanding of self-harm and will cover: "What is self-harm?", "Why does self-harm happen?", and "What can I do to help?".

15 November – 18:00 Book a place

Supporting our Young People with Anxiety For parents to understand anxiety and how to support their child with worry 15 November – 19:15 Book a place

Supporting our Children and Adolescents who have experienced Trauma This workshop is for parents and carers of young people who have experienced trauma.

12 December – 13:00 Book a place

12 December – 18:00 Book a place

Supporting our Young People with Eating Difficulties/Disorders A workshop for parents to help them look out for and understand what to do if their child is struggling with eating 13 December – 18:00 Book a place

Scan the QR code to find out more and book a place on a workshop or visit www.eventbrite.co.uk and search for Psychology in Schools Team - NSFT



Working together for better mental health





Dear Parent/Carer,

We're challenging you to take action for nature and climate this October half term! Support The Wildlife Trusts on our mission to restoring and protecting 30% of land and sea for nature by 2030.

Walk **30km** for the **Big Wild Walk** between **24-30 October**, and raise vital funds to help us reach our

## 30 by 30 target.

For more information or to take part, visit: www.wildlifetrusts.org/bigwildwalk Or scan the OR code below





#BigWildWalk

# Hedgehog Walk

Dear Parent/Carer,

We have a special fundraising challenge for younger ones!

Did you know a **hedgehog** can walk **3km** in just one night?

Join **Timmy and Apricot** of **Timmy Time** and walk **3km** for the **Hedgehog Walk** between **24-30 October**.

We'll also send you on a special mission to collect items for hibernation, and to spot **Timmy's friends!** 

> For more information or to take part, visit: www.wildlifetrusts.org/bigwildwalk Or scan the QR code below





# **Gaspard the Fox!**

## at Carlton Marshes

## Saturday 29th October 2022 12.30pm-2.30pm

Carlton Marshes Visitor Centre



Enjoy celebrating all things fox with themed activities and refreshments.

Join Gaspard's creator **Zeb Soanes** and illustrator **James Mayhew** for an immersive book reading, including Gaspard's newest adventure *Gaspard's Christmas*.





